



## NEW MIAMI LIGHTHOUSE PODCAST FOCUSES ON ISSUES AND OPPORTUNITIES FACING THE BLIND AND VISUALLY IMPAIRED

Miami Lighthouse for the Blind and Visually Impaired has launched a new podcast series that discusses medical, technological, legal, social and lifestyle issues impacting individuals with vision challenges and their families. *Vision Insights* has posted its first episodes, which can be heard on all major podcast outlets, including Apple Podcasts, Spotify, Audible and Amazon Music, as well as, the Miami Lighthouse website at MiamiLighthouse.org (<https://www.miamilighthouse.org/Podcast.asp>).

Each episode of *Vision Insights* examines a topic of interest or concern to the visually impaired, including the latest practical developments in treatment, education technology, Internet accessibility and the law. Hosted by Miami Lighthouse Senior Vice President Cameron Sisser, each podcast features interviews with knowledgeable guests who are specialists in their fields, and inspiring blind achievers who excel in the arts, sports, business and other areas.

“The goal of presenting *Vision Insights* is to communicate the many opportunities for the blind and visually impaired to gain greater independence and enjoy a better quality of life,” said Miami Lighthouse President and CEO Virginia Jacko. “We live in very exciting times when advances in medicine and technology are lifting barriers that previously separated the blind from the rest of society. This podcast discusses those subjects.”

Ms. Jacko, who is blind, explained that podcasts are perfect media for communicating with the visually impaired because they are audio based and easily accessed worldwide. *Vision Insights* was conceived to empower and inform individuals and families dealing with vision loss about opportunities to maximize their capabilities and express their individualism.

For nearly a century, Miami Lighthouse for the Blind has been working to build a more inclusive society for the blind and visually impaired. Innovative programming removes barriers to education, jobs and critical eye care and unlocks the power of the internet and technology. Through education, training, research and vision enhancement, Miami Lighthouse for the Blind and Visually Impaired provides hope, confidence, and independence to people of all ages.